

AOS #10

Galgenweel 12.10.2023

Antwerp Orienteers

Ruben GRIETENS

Antwerp Orienteers

Course : H:Lang

Distance : 4710m

Time : 0:19:36 (4'10"/km)

3/41

O.K.

[Full result on Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:17:05 |
| 2. Warre DE CUYPER | 0:18:05 |

1.	31	00:00:15		75m	3'20"/km
2.	32	00:00:35	00:00:50	107m	5'27"/km
3.	53	00:00:12	00:01:02	54m	3'42"/km
4.	33	00:01:21	00:02:23	242m	5'35"/km
5.	34	00:00:42	00:03:05	144m	4'52"/km
6.	35	00:00:06	00:03:11	137m	0'44"/km
7.	36	00:01:00	00:04:11	120m	8'20"/km
8.	37	00:02:33	00:06:44	324m	7'52"/km
9.	38	00:01:23	00:08:07	115m	12'02"/km
10.	39	00:00:00	00:08:07	100m	0'00"/km
11.	56	00:00:47	00:08:54	165m	4'45"/km
12.	40	00:00:41	00:09:35	114m	6'00"/km
13.	41	00:00:37	00:10:12	136m	4'32"/km
14.	57	00:00:14	00:10:26	38m	6'08"/km
15.	42	00:01:22	00:11:48	246m	5'33"/km
16.	43	00:00:37	00:12:25	130m	4'45"/km
17.	54	00:00:28	00:12:53	93m	5'01"/km
18.	44	00:00:34	00:13:27	95m	5'58"/km
19.	45	00:00:36	00:14:03	136m	4'25"/km
20.	46	00:00:32	00:14:35	126m	4'14"/km
21.	47	00:00:54	00:15:29	192m	4'41"/km
22.	48	00:00:34	00:16:03	147m	3'51"/km
23.	49	00:00:39	00:16:42	154m	4'13"/km
24.	50	00:00:31	00:17:13	126m	4'06"/km
25.	51	00:00:43	00:17:56	180m	3'59"/km
26.	52	00:00:15	00:18:11	83m	3'01"/km
27.	58	00:01:32	00:19:43	326m	4'42"/km
28.	999	00:00:06	00:19:49	41m	2'26"/km

Orienteering Software