



BOC #2 - Double Sprint - Sprint 1

Les Trois Tilleuls 12.11.2023

ASUB

Philippe CREFCOEUR

Altair Orientation

Circuit : H:Noir Long

Distance : 4000m

Temps : 0:36:03 (9'01"/km)

31/44

O.K.

[Résultats complets sur Webres](#)

- | | |
|---------------------|---------|
| 1. Yannick MICHIELS | 0:21:28 |
| 2. Warre DE CUYPER | 0:23:24 |
| 3. Jorn KENNIS | 0:24:14 |

1.	131	00:00:51		116m	7'20"/km
2.	132	00:00:46	00:01:37	41m	18'42"/km
3.	133	00:00:35	00:02:12	70m	8'20"/km
4.	134	00:00:28	00:02:40	67m	6'58"/km
5.	135	00:01:20	00:04:00	223m	5'59"/km
6.	136	00:01:48	00:05:48	196m	9'11"/km
7.	137	00:01:21	00:07:09	93m	14'31"/km
8.	138	00:01:15	00:08:24	123m	10'10"/km
9.	139	00:01:05	00:09:29	110m	9'51"/km
10.	140	00:00:40	00:10:09	63m	10'35"/km
11.	141	00:01:02	00:11:11	99m	10'26"/km
12.	142	00:01:38	00:12:49	227m	7'12"/km
13.	143	00:01:27	00:14:16	160m	9'04"/km
14.	144	00:00:54	00:15:10	130m	6'55"/km
15.	145	00:00:44	00:15:54	114m	6'26"/km
16.	146	00:01:09	00:17:03	154m	7'28"/km
17.	147	00:01:15	00:18:18	155m	8'04"/km
18.	148	00:01:17	00:19:35	97m	13'14"/km
19.	149	00:02:28	00:22:03	251m	9'50"/km
20.	150	00:01:35	00:23:38	150m	10'33"/km
21.	151	00:01:28	00:25:06	155m	9'28"/km
22.	152	00:01:10	00:26:16	139m	8'24"/km
23.	153	00:01:13	00:27:29	155m	7'51"/km
24.	154	00:00:32	00:28:01	76m	7'01"/km
25.	155	00:00:54	00:28:55	81m	11'07"/km
26.	156	00:01:09	00:30:04	84m	13'41"/km
27.	157	00:01:10	00:31:14	124m	9'25"/km
28.	158	00:00:55	00:32:09	84m	10'55"/km
29.	159	00:02:03	00:34:12	250m	8'12"/km
30.	160	00:01:20	00:35:32	134m	9'57"/km
31.	999	00:00:31	00:36:03	75m	6'53"/km