



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Ruben SEBA

CO Liège

Omloop : H-14

Afstand : 4220m

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niet geklasseerd

[Volledige uitslagen op Webres](#)

- | | |
|------------------|---------|
| 1. Nathan JANSEN | 0:30:03 |
| 2. Thor WOLLES | 0:31:33 |
| 3. Wout BOECKX | 0:36:16 |

1.	121	00:04:28		364m	12'16"/km
2.	106	00:02:19	00:06:47	118m	19'38"/km
3.	108	00:04:10	00:10:57	234m	17'48"/km
4.	133	00:07:31	00:18:28	209m	35'58"/km
5.	139	00:09:55	00:28:23	311m	31'53"/km
6.	141	00:03:38	00:32:01	140m	25'57"/km
7.	162	00:21:21	00:53:22		
8.	164	00:05:37	00:58:59	248m	22'39"/km
9.	174	00:04:35	01:03:34	325m	14'06"/km
10.	176	00:04:37	01:08:11	422m	10'56"/km
11.	177	00:02:34	01:10:45	187m	13'44"/km
12.	179	00:04:27	01:15:12	407m	10'56"/km
13.	113	00:05:44	01:20:56	132m	43'26"/km
14.	126	00:03:18	01:24:14	206m	16'01"/km
15.	200	00:01:17	01:25:31	127m	10'06"/km
16.	999	00:00:29	01:26:00	130m	3'43"/km

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Orienteering Software