



Vlaams kampioenschap lange afstand
Leopoldsburg 19.11.2023
K.O.L.

Bert WOUTERS

Indiv.

Omloop : H40

Afstand : 8540m

Tijd : 1:20:03 (9'22"/km)

5/6

O.K.

[Volledige uitslagen op Webres](#)

- | | |
|-------------------|---------|
| 1. Garnt SWINKELS | 1:04:51 |
| 2. Wouter TALLOEN | 1:07:07 |
| 3. Ronald SOMERS | 1:07:40 |

1.	119	00:01:53		335m	5'37"/km
2.	103	00:02:58	00:04:51	340m	8'44"/km
3.	132	00:04:22	00:09:13	403m	10'50"/km
4.	140	00:02:23	00:11:36	336m	7'06"/km
5.	149	00:06:44	00:18:20	347m	19'24"/km
6.	160	00:02:39	00:20:59	354m	7'29"/km
7.	159	00:06:40	00:27:39	308m	21'39"/km
8.	167	00:04:25	00:32:04	579m	7'38"/km
9.	171	00:03:20	00:35:24	417m	8'00"/km
10.	165	00:02:59	00:38:23	353m	8'27"/km
11.	179	00:05:28	00:43:51	886m	6'10"/km
12.	135	00:02:59	00:46:50	381m	7'50"/km
13.	140	00:02:17	00:49:07	271m	8'26"/km
14.	142	00:02:09	00:51:16	159m	13'31"/km
15.	155	00:03:53	00:55:09	477m	8'08"/km
16.	163	00:02:59	00:58:08	247m	12'05"/km
17.	172	00:03:46	01:01:54	301m	12'31"/km
18.	174	00:05:21	01:07:15	340m	15'44"/km
19.	175	00:01:20	01:08:35	226m	5'54"/km
20.	173	00:01:30	01:10:05	172m	8'43"/km
21.	178	00:03:02	01:13:07	414m	7'20"/km
22.	113	00:04:13	01:17:20	487m	8'40"/km
23.	200	00:02:15	01:19:35	277m	8'07"/km
24.	999	00:00:28	01:20:03	130m	3'35"/km

Orienteering Software