



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

François JACOBS

Omega

Omloop : H60

Afstand : 6140m

Tijd : 0:56:28 (9'12"/km)

5/18

O.K.

[Volledige uitslagen op Webres](#)

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|-----------------------|---------|
| 1. Luc MELIS | 0:46:32 |
| 2. Philippe TAELEMANS | 0:50:15 |
| 3. Nikolaj WANNER | 0:51:12 |

1.	122	00:02:02		330m	6'10"/km
2.	106	00:01:17	00:03:19	139m	9'14"/km
3.	124	00:02:56	00:06:15	108m	27'10"/km
4.	105	00:01:11	00:07:26	134m	8'50"/km
5.	132	00:02:22	00:09:48	273m	8'40"/km
6.	140	00:02:57	00:12:45	336m	8'47"/km
7.	177	00:07:02	00:19:47	843m	8'21"/km
8.	173	00:02:51	00:22:38	370m	7'42"/km
9.	175	00:01:27	00:24:05	172m	8'26"/km
10.	172	00:04:43	00:28:48	562m	8'24"/km
11.	171	00:01:21	00:30:09	113m	11'57"/km
12.	163	00:02:52	00:33:01	250m	11'28"/km
13.	153	00:02:00	00:35:01	229m	8'44"/km
14.	148	00:06:16	00:41:17	695m	9'01"/km
15.	138	00:06:56	00:48:13	495m	14'00"/km
16.	179	00:04:01	00:52:14	482m	8'20"/km
17.	114	00:01:32	00:53:46	173m	8'52"/km
18.	126	00:01:10	00:54:56	177m	6'35"/km
19.	200	00:00:56	00:55:52	127m	7'21"/km
20.	999	00:00:36	00:56:28	130m	4'37"/km

Orienteering Software