



Vlaams kampioenschap lange afstand

Leopoldsburg 19.11.2023

K.O.L.

Freddy HENKES

O.L.G. St. Vith ARDOC

Omloop : H60

Afstand : 6140m

Tijd : 0:59:52 (9'45"/km)

8/18

O.K.

[Volledige uitslagen op Webres](#)

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|-----------------------|---------|
| 1. Luc MELIS | 0:46:32 |
| 2. Philippe TAELEMANS | 0:50:15 |
| 3. Nikolaj WANNER | 0:51:12 |

1.	122	00:02:03		330m	6'13"/km
2.	106	00:01:27	00:03:30	139m	10'26"/km
3.	124	00:01:10	00:04:40	108m	10'48"/km
4.	105	00:01:27	00:06:07	134m	10'49"/km
5.	132	00:02:32	00:08:39	273m	9'17"/km
6.	140	00:03:07	00:11:46	336m	9'17"/km
7.	177	00:07:42	00:19:28	843m	9'08"/km
8.	173	00:03:41	00:23:09	370m	9'57"/km
9.	175	00:01:36	00:24:45	172m	9'18"/km
10.	172	00:06:44	00:31:29	562m	11'59"/km
11.	171	00:01:29	00:32:58	113m	13'08"/km
12.	163	00:03:02	00:36:00	250m	12'08"/km
13.	153	00:02:27	00:38:27	229m	10'42"/km
14.	148	00:06:57	00:45:24	695m	10'00"/km
15.	138	00:04:57	00:50:21	495m	10'00"/km
16.	179	00:04:41	00:55:02	482m	9'43"/km
17.	114	00:02:08	00:57:10	173m	12'20"/km
18.	126	00:01:15	00:58:25	177m	7'04"/km
19.	200	00:00:59	00:59:24	127m	7'45"/km
20.	999	00:00:28	00:59:52	130m	3'35"/km

Orienteering Software