



Militair Regelmatigheidscriterium

Hechtel 6.12.2023

Mil Prov Comdo Limburg

Maria HENKES

ARDOC

Omloop : D:05

Afstand : 5140m

Tijd : 1:00:15 (11'43"/km)

3/10

O.K.

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- | | |
|--------------------|---------|
| 1. Linda VERBRAKEN | 0:51:27 |
| 2. Annemie JANSEN | 0:55:28 |

1.	173	00:02:56		301m	9'45"/km
2.	105	00:03:25	00:06:21	409m	8'21"/km
3.	171	00:01:36	00:07:57	171m	9'21"/km
4.	103	00:06:50	00:14:47	383m	17'50"/km
5.	167	00:02:44	00:17:31	155m	17'38"/km
6.	165	00:07:39	00:25:10	267m	28'39"/km
7.	158	00:01:54	00:27:04	209m	9'05"/km
8.	125	00:02:11	00:29:15	193m	11'19"/km
9.	102	00:03:27	00:32:42	340m	10'09"/km
10.	120	00:03:55	00:36:37	343m	11'25"/km
11.	115	00:02:51	00:39:28	290m	9'50"/km
12.	116	00:06:39	00:46:07	650m	10'14"/km
13.	117	00:02:16	00:48:23	205m	11'03"/km
14.	118	00:03:34	00:51:57	343m	10'24"/km
15.	112	00:05:23	00:57:20	542m	9'56"/km
16.	161	00:01:09	00:58:29	121m	9'30"/km
17.	142	00:01:22	00:59:51	118m	11'35"/km
18.	180	00:00:24	01:00:15	105m	3'49"/km

Orienteering Software