



# Avondwedstrijd SAHARA

LOMMEL 8.12.2023

K.O.L.

**Tania HENDRICKX**

hamok

Omloop : D:03

Afstand : 3310m

Tijd : 1:04:02 (19'21"/km)

**7/13**

O.K.

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|                   |         |
|-------------------|---------|
| 1. Ellen DE BIE   | 0:40:51 |
| 2. Betty DE MEYER | 0:42:45 |
| 3. Katrien AERTS  | 0:55:54 |

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 122 | 00:06:47 |          | 328m | 20'41"/km |
| 2.  | 116 | 00:02:43 | 00:09:30 | 184m | 14'46"/km |
| 3.  | 110 | 00:06:26 | 00:15:56 | 388m | 16'35"/km |
| 4.  | 130 | 00:02:47 | 00:18:43 | 127m | 21'55"/km |
| 5.  | 146 | 00:03:56 | 00:22:39 | 326m | 12'04"/km |
| 6.  | 143 | 00:04:26 | 00:27:05 | 193m | 22'58"/km |
| 7.  | 133 | 00:03:18 | 00:30:23 | 176m | 18'45"/km |
| 8.  | 144 | 00:03:30 | 00:33:53 | 181m | 19'20"/km |
| 9.  | 108 | 00:03:44 | 00:37:37 | 253m | 14'45"/km |
| 10. | 107 | 00:06:38 | 00:44:15 | 195m | 34'01"/km |
| 11. | 137 | 00:04:01 | 00:48:16 | 158m | 25'25"/km |
| 12. | 136 | 00:02:06 | 00:50:22 | 163m | 12'53"/km |
| 13. | 118 | 00:05:53 | 00:56:15 | 255m | 23'04"/km |
| 14. | 142 | 00:02:50 | 00:59:05 | 204m | 13'53"/km |
| 15. | 999 | 00:04:57 | 01:04:02 | 180m | 27'30"/km |

Orienteering Software