

Regionale Hamont 14.1.2024 hamok

Nico CEUNEN

hamok

Omloop : H:01

Afstand : 8700m

Tijd : 0:57:43 (6'38"/km)

2/6

O.K.

[Volledige uitslagen op Webres](#)

1. Jeroen HOEKX	0:55:22
3. Bert VERVECKEN	1:19:34

1.	74	00:01:47		257m	6'56"/km
2.	31	00:00:31	00:02:18	108m	4'47"/km
3.	32	00:02:08	00:04:26	322m	6'38"/km
4.	33	00:01:46	00:06:12	221m	8'00"/km
5.	56	00:00:24	00:06:36	123m	3'15"/km
6.	34	00:01:11	00:07:47	186m	6'22"/km
7.	35	00:01:00	00:08:47	232m	4'19"/km
8.	36	00:03:40	00:12:27	491m	7'28"/km
9.	37	00:00:37	00:13:04	112m	5'30"/km
10.	38	00:01:09	00:14:13	131m	8'47"/km
11.	39	00:05:11	00:19:24	348m	14'54"/km
12.	40	00:01:35	00:20:59	300m	5'17"/km
13.	41	00:00:39	00:21:38	135m	4'49"/km
14.	42	00:00:54	00:22:32	108m	8'20"/km
15.	62	00:02:06	00:24:38	413m	5'05"/km
16.	43	00:02:03	00:26:41	365m	5'37"/km
17.	44	00:01:21	00:28:02	236m	5'43"/km
18.	58	00:00:49	00:28:51	94m	8'41"/km
19.	57	00:00:50	00:29:41	133m	6'16"/km
20.	45	00:01:57	00:31:38	392m	4'58"/km
21.	62	00:01:35	00:33:13	165m	9'36"/km
22.	46	00:01:37	00:34:50	272m	5'57"/km
23.	59	00:01:49	00:36:39	206m	8'49"/km
24.	39	00:01:24	00:38:03	269m	5'12"/km
25.	47	00:01:11	00:39:14	145m	8'10"/km
26.	48	00:02:38	00:41:52	508m	5'11"/km
27.	60	00:01:29	00:43:21	287m	5'10"/km
28.	49	00:02:44	00:46:05	186m	14'42"/km
29.	50	00:03:35	00:49:40	438m	8'11"/km
30.	51	00:01:16	00:50:56	246m	5'09"/km
31.	52	00:02:26	00:53:22	418m	5'49"/km
32.	53	00:01:33	00:54:55	296m	5'14"/km
33.	54	00:01:07	00:56:02	130m	8'35"/km
34.	55	00:00:47	00:56:49	137m	5'43"/km
35.	61	00:00:46	00:57:35	215m	3'34"/km
36.	999	00:00:08	00:57:43	79m	1'41"/km