



Regionale Hechtelse duinen

HECHTEL 21.1.2024

K.O.L.

Lisa ELSEN

Omega

Omloop : D:03

Afstand : 6000m

Tijd : 1:36:49 (16'08"/km)

13/16

O.K.

[Volledige uitslagen op Webres](#)

1. Ems DE SMUL	0:51:06
2. An NUYTS	0:59:41
3. Ellen MOLS	1:00:14

1.	125	00:04:27		304m	14'38"/km
2.	134	00:03:43	00:08:10	165m	22'32"/km
3.	104	00:08:01	00:16:11	620m	12'56"/km
4.	166	00:04:02	00:20:13	253m	15'57"/km
5.	106	00:03:50	00:24:03	123m	31'10"/km
6.	165	00:02:36	00:26:39	119m	21'51"/km
7.	109	00:04:15	00:30:54	242m	17'34"/km
8.	130	00:01:55	00:32:49	137m	13'59"/km
9.	111	00:06:06	00:38:55	423m	14'25"/km
10.	112	00:03:30	00:42:25	155m	22'35"/km
11.	128	00:04:15	00:46:40	237m	17'56"/km
12.	127	00:05:52	00:52:32	365m	16'04"/km
13.	118	00:08:00	01:00:32	567m	14'07"/km
14.	139	00:03:51	01:04:23	213m	18'05"/km
15.	160	00:03:09	01:07:32	185m	17'02"/km
16.	156	00:07:32	01:15:04	525m	14'21"/km
17.	178	00:02:03	01:17:07	127m	16'09"/km
18.	135	00:01:14	01:18:21	64m	19'16"/km
19.	145	00:07:02	01:25:23	377m	18'39"/km
20.	167	00:03:45	01:29:08	212m	17'41"/km
21.	149	00:05:01	01:34:09	313m	16'02"/km
22.	123	00:01:41	01:35:50	121m	13'55"/km
23.	999	00:00:59	01:36:49	159m	6'11"/km

Orienteering Software