Selection - Long Distance
Herbeumont 11.4.2021
F.R.S.O.

Cédric AMERIJCKX
FRSO HN JWOC
Course : H18-20
Distance : 9000m (Climbing 435m)
Time : 1:12:52 (8'05"/km)

3/15 O.K.

Full result on Webres

1. Antoine MATTART 1:05:38
2. Liam THIELS 1:10:17

1.	133	00:01:53		183m	10'17"/km
2.	142	00:17:17	*00:19:10*	1641m	10'32"/km
3.	143	00:07:17	*00:26:27*	234m	31'08"/km
4.	144	00:00:00	*00:26:27*	235m	0'00"/km
5.	145	00:03:02	*00:29:29*	467m	6'30"/km
6.	146	00:03:03	*00:32:32*	402m	7'35"/km
7.	132	00:01:12	*00:33:44*	130m	9'14"/km
8.	148	00:05:37	*00:39:21*	773m	7'16"/km
9.	130	00:02:28	*00:41:49*	288m	8'34"/km
10.	149	00:05:05	*00:46:54*	754m	6'45"/km
11.	153	00:02:44	*00:49:38*	466m	5'52"/km
12.	152	00:02:15	*00:51:53*	241m	9'20"/km
13.	162	00:08:18	*01:00:11*	1005m	8'16"/km
14.	161	00:02:51	*01:03:02*	327m	8'43"/km
15.	157	00:01:49	*01:04:51*	408m	4'27"/km
16.	131	00:01:17	*01:06:08*	264m	4'52"/km
17.	158	00:02:12	*01:08:20*	383m	5'45"/km
18.	164	00:04:21	*01:12:41*	599m	7'16"/km
19.	165	00:00:40	*01:13:21*	129m	5'10"/km
20.	999	00:00:14	*01:13:35*	81m	2'53"/km

Orienteering Software

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