



Régionale 5 couleurs

Champion 11.2.2024

Balise 10

Laure JAMSIN

CO Liège

Circuit : D:Noir Moyen

Distance : 5200m (Dénivelé 160m)

Temps : 1:08:26 (13'10"/km)

6/17

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Jessica LIMPACH | 0:45:06 |
| 2. Claudia ROOMAN | 0:45:27 |
| 3. Anaïs MAZY | 0:48:20 |

1.	159	00:04:05		259m	15'46"/km
2.	148	00:02:52	00:06:57	252m	11'23"/km
3.	115	00:13:44	00:20:41	1267m	10'50"/km
4.	144	00:12:38	00:33:19	587m	21'31"/km
5.	157	00:02:46	00:36:05	262m	10'34"/km
6.	112	00:10:30	00:46:35	577m	18'12"/km
7.	161	00:03:26	00:50:01	299m	11'29"/km
8.	154	00:01:59	00:52:00	187m	10'36"/km
9.	160	00:05:41	00:57:41	364m	15'37"/km
10.	158	00:02:51	01:00:32	274m	10'24"/km
11.	132	00:03:47	01:04:19	333m	11'22"/km
12.	165	00:03:21	01:07:40	383m	8'45"/km
13.	999	00:00:46	01:08:26	138m	5'33"/km

HELGA

Orienteering Software