



Avond-O Oostappense heide

Ommel 23.2.2024

KOVZ

Pim VAN DER WIJK

Antwerp Orienteers

Omloop : H:IOF 1

Afstand : 6190m

Tijd : 1:24:43 (13'41"/km)

6/11

O.K.

[Volledige uitslagen op Webres](#)

1. Winston FRANSSEN	0:47:29
2. Pjotr MERTENS	0:56:56
3. Bart MELLEBECK	1:18:42

1.	101	00:02:43		147m	18'29"/km
2.	102	00:03:57	00:06:40	316m	12'30"/km
3.	103	00:01:41	00:08:21	117m	14'23"/km
4.	104	00:02:20	00:10:41	109m	21'24"/km
5.	105	00:04:37	00:15:18	364m	12'41"/km
6.	106	00:02:43	00:18:01	253m	10'44"/km
7.	107	00:01:41	00:19:42	141m	11'56"/km
8.	108	00:01:32	00:21:14	80m	19'10"/km
9.	104	00:07:29	00:28:43	280m	26'44"/km
10.	110	00:04:27	00:33:10	335m	13'17"/km
11.	111	00:03:08	00:36:18	274m	11'26"/km
12.	112	00:04:01	00:40:19	180m	22'19"/km
13.	113	00:04:57	00:45:16	215m	23'01"/km
14.	114	00:03:14	00:48:30	219m	14'46"/km
15.	115	00:04:28	00:52:58	282m	15'50"/km
16.	116	00:02:49	00:55:47	299m	9'25"/km
17.	129	00:02:20	00:58:07	154m	15'09"/km
18.	117	00:02:25	01:00:32	235m	10'17"/km
19.	118	00:01:53	01:02:25	179m	10'31"/km
20.	119	00:01:22	01:03:47	125m	10'56"/km
21.	120	00:01:07	01:04:54	109m	10'15"/km
22.	131	00:01:53	01:06:47	194m	9'42"/km
23.	122	00:02:42	01:09:29	232m	11'38"/km
24.	123	00:03:22	01:12:51	369m	9'07"/km
25.	124	00:00:45	01:13:36	84m	8'56"/km
26.	125	00:03:24	01:17:00	267m	12'44"/km
27.	126	00:03:07	01:20:07	276m	11'18"/km
28.	127	00:02:40	01:22:47	147m	18'08"/km
29.	128	00:01:10	01:23:57	118m	9'53"/km
30.	999	00:00:46	01:24:43	86m	8'55"/km