

Al Amanda Santos

1ª Cia Alunos

Percurso : D21A

Distancia : 3200m (Desnivel 55m)

Tempo : 0:45:26 (14'11"/km)

3/6

O.K.

[Resultados completos em Webres](#)

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|-------------------------|---------|
| 1. Al Matos | 0:35:56 |
| 2. Al Rafaela Pettersen | 0:42:00 |

1.	52	00:01:29		121m	12'16"/km
2.	47	00:00:49	00:02:18	146m	5'36"/km
3.	48	00:02:20	00:04:38	197m	11'51"/km
4.	44	00:01:16	00:05:54	165m	7'41"/km
5.	45	00:01:44	00:07:38	243m	7'08"/km
6.	46	00:00:56	00:08:34	118m	7'55"/km
7.	51	00:02:31	00:11:05	173m	14'33"/km
8.	41	00:02:43	00:13:48	360m	7'33"/km
9.	43	00:01:40	00:15:28	185m	9'01"/km
10.	42	00:05:06	00:20:34	248m	20'34"/km
11.	41	00:02:17	00:22:51	183m	12'29"/km
12.	40	00:04:10	00:27:01	117m	35'37"/km
13.	36	00:05:23	00:32:24	169m	31'51"/km
14.	38	00:01:58	00:34:22	131m	15'01"/km
15.	35	00:05:48	00:40:10	266m	21'48"/km
16.	34	00:01:21	00:41:31	74m	18'15"/km
17.	49	00:03:11	00:44:42	98m	32'29"/km
18.	50	00:00:24	00:45:06	54m	7'24"/km
19.	999	00:00:20	00:45:26	61m	5'28"/km