



2º Treino COSM 2024
FEPAGRO - Santa Maria - RS 25.2.2024
Clube de Orientação de Santa Maria

Valmor Niedermayer

Clube de Orientação de Santa Maria

Percurso : Master A

Distancia : 5700m (Desnivel 110m)

Tempo : 0:54:40 (9'35"/km)

1/5

O.K.

[Resultados completos em Webres](#)

2. Paulo Severo Rodrigues 1:19:13
3. Volni Lisboa Schneider 1:27:59

1.	31	00:01:00		146m	6'51"/km
2.	32	00:01:55	00:02:55	214m	8'57"/km
3.	40	00:03:06	00:06:01	344m	9'01"/km
4.	33	00:02:09	00:08:10	233m	9'14"/km
5.	41	00:01:40	00:09:50	170m	9'48"/km
6.	42	00:01:13	00:11:03	126m	9'39"/km
7.	34	00:09:44	00:20:47	1178m	8'16"/km
8.	39	00:03:32	00:24:19	450m	7'51"/km
9.	35	00:02:52	00:27:11	238m	12'03"/km
10.	43	00:02:12	00:29:23	176m	12'30"/km
11.	36	00:08:24	00:37:47	577m	14'33"/km
12.	60	00:03:21	00:41:08	528m	6'21"/km
13.	70	00:04:01	00:45:09	453m	8'52"/km
14.	45	00:04:30	00:49:39	333m	13'31"/km
15.	37	00:03:21	00:53:00	302m	11'06"/km
16.	46	00:01:14	00:54:14	123m	10'02"/km
17.	999	00:00:26	00:54:40	84m	5'10"/km

Orienteering Software