



Deux Jours du Hainaut Etape 1- Longue Distance

Ghlin 15.5.2021

C.O. Militaire Belge

Maya RENARD

hamok

Circuit : D:Noir Moyen

Distance : 7400m

--/7

non classé

[Résultats complets sur Webres](#)

- | | |
|------------------------|---------|
| 1. Florine DURIEUX | 1:15:18 |
| 2. Charlotte SOLTYSIAK | 1:27:21 |
| 3. Rasa ENGSTEDT | 1:38:19 |

1.	167	00:03:52		380m	10'11"/km
2.	171	00:01:11	00:05:03	140m	8'27"/km
3.	170	00:04:11	00:09:14	440m	9'30"/km
4.	174	00:04:16	00:13:30	400m	10'40"/km
5.	213	00:04:26	00:17:56	560m	7'55"/km
6.	195	00:06:13	00:24:09	210m	29'36"/km
7.	190	00:04:35	00:28:44		
8.	182	00:01:20	00:30:04	120m	11'07"/km
9.	185	00:00:49	00:30:53	100m	8'10"/km
10.	180	00:00:37	00:31:30	70m	8'49"/km
11.	214	00:01:24	00:32:54	50m	28'00"/km
12.	183	00:01:09	00:34:03	140m	8'13"/km
13.	179	00:03:15	00:37:18	60m	54'10"/km
14.	187	00:04:41	00:41:59	250m	18'44"/km
15.	194	00:03:33	00:45:32	130m	27'18"/km
16.	191	00:01:02	00:46:34	110m	9'24"/km
17.	215	00:01:05	00:47:39	110m	9'51"/km
18.	198	00:01:53	00:49:32	90m	20'56"/km
19.	197	00:04:44	00:54:16	400m	11'50"/km
20.	199	00:05:51	01:00:07	660m	8'52"/km
21.	200	00:01:42	01:01:49	160m	10'38"/km
22.	202	00:05:37	01:07:26	640m	8'47"/km
23.	203	00:02:23	01:09:49	200m	11'55"/km
24.	205	00:02:00	01:11:49	130m	15'23"/km
25.	209	00:03:28	01:15:17	320m	10'50"/km
26.	210	00:01:18	01:16:35	180m	7'13"/km
27.	216	00:02:16	01:18:51	280m	8'06"/km
28.	208	00:01:47	01:20:38	220m	8'06"/km
29.	217	00:01:08	01:21:46	90m	12'36"/km
30.	218	00:01:27	01:23:13	200m	7'15"/km
31.	212	00:00:33	01:23:46	60m	9'10"/km
32.	250	00:01:16	01:25:02	170m	7'27"/km
33.	999	00:00:11	01:25:13	60m	3'03"/km