



Deux Jours du Hainaut Etape 1- Longue Distance

Ghlin 15.5.2021

C.O. Militaire Belge

Gerald SOUWEINE

ASUB

Circuit : H:Noir Moyen

Distance : 7400m

Temps : 1:11:35 (9'40"/km)

4/20

O.K.

[Résultats complets sur Webres](#)

1. Rune DE CLERCQ 0:55:02
2. Jorn KENNIS 0:59:31
3. Plamen PEEV 1:02:18

1.	167	00:02:45		380m	7'14"/km
2.	171	00:01:28	00:04:13	140m	10'29"/km
3.	170	00:03:50	00:08:03	440m	8'43"/km
4.	174	00:03:26	00:11:29	400m	8'35"/km
5.	213	00:04:57	00:16:26	560m	8'50"/km
6.	195	00:01:46	00:18:12	210m	8'25"/km
7.	190	00:03:10	00:21:22		
8.	182	00:01:38	00:23:00	120m	13'37"/km
9.	185	00:01:34	00:24:34	100m	15'40"/km
10.	180	00:00:44	00:25:18	70m	10'29"/km
11.	214	00:00:37	00:25:55	50m	12'20"/km
12.	183	00:01:12	00:27:07	140m	8'34"/km
13.	179	00:00:46	00:27:53	60m	12'47"/km
14.	187	00:03:21	00:31:14	250m	13'24"/km
15.	194	00:01:09	00:32:23	130m	8'51"/km
16.	191	00:01:19	00:33:42	110m	11'58"/km
17.	215	00:01:33	00:35:15	110m	14'05"/km
18.	198	00:02:26	00:37:41	90m	27'02"/km
19.	197	00:05:41	00:43:22	400m	14'13"/km
20.	199	00:04:39	00:48:01	660m	7'03"/km
21.	200	00:01:47	00:49:48	160m	11'09"/km
22.	202	00:04:44	00:54:32	640m	7'24"/km
23.	203	00:01:41	00:56:13	200m	8'25"/km
24.	205	00:01:35	00:57:48	130m	12'11"/km
25.	209	00:02:13	01:00:01	320m	6'56"/km
26.	210	00:01:42	01:01:43	180m	9'27"/km
27.	216	00:02:32	01:04:15	280m	9'03"/km
28.	208	00:01:59	01:06:14	220m	9'01"/km
29.	217	00:01:26	01:07:40	90m	15'56"/km
30.	218	00:01:10	01:08:50	200m	5'50"/km
31.	212	00:01:07	01:09:57	60m	18'37"/km
32.	250	00:01:23	01:11:20	170m	8'08"/km
33.	999	00:00:15	01:11:35	60m	4'10"/km