



Deux Jours du Hainaut Etape 1- Longue Distance

Ghlin 15.5.2021

C.O. Militaire Belge

Servais HICK

C.O. Liège

Circuit : H:Noir Moyen

Distance : 7400m

Temps : 1:20:45 (10'55"/km)

7/20

O.K.

[Résultats complets sur Webres](#)

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|-------------------|---------|
| 1. Rune DE CLERCQ | 0:55:02 |
| 2. Jorn KENNIS | 0:59:31 |
| 3. Plamen PEEV | 1:02:18 |

1.	167	00:02:51		380m	7'30"/km
2.	171	00:01:26	00:04:17	140m	10'14"/km
3.	170	00:03:52	00:08:09	440m	8'47"/km
4.	174	00:04:14	00:12:23	400m	10'35"/km
5.	213	00:05:13	00:17:36	560m	9'19"/km
6.	195	00:04:08	00:21:44	210m	19'41"/km
7.	190	00:03:23	00:25:07		
8.	182	00:01:52	00:26:59	120m	15'33"/km
9.	185	00:01:53	00:28:52	100m	18'50"/km
10.	180	00:00:41	00:29:33	70m	9'46"/km
11.	214	00:00:36	00:30:09	50m	12'00"/km
12.	183	00:01:15	00:31:24	140m	8'56"/km
13.	179	00:00:49	00:32:13	60m	13'37"/km
14.	187	00:06:13	00:38:26	250m	24'52"/km
15.	194	00:01:18	00:39:44	130m	10'00"/km
16.	191	00:01:35	00:41:19	110m	14'24"/km
17.	215	00:01:13	00:42:32	110m	11'04"/km
18.	198	00:02:04	00:44:36	90m	22'58"/km
19.	197	00:03:04	00:47:40	400m	7'40"/km
20.	199	00:05:07	00:52:47	660m	7'45"/km
21.	200	00:01:44	00:54:31	160m	10'50"/km
22.	202	00:05:01	00:59:32	640m	7'50"/km
23.	203	00:05:09	01:04:41	200m	25'45"/km
24.	205	00:01:55	01:06:36	130m	14'45"/km
25.	209	00:02:28	01:09:04	320m	7'43"/km
26.	210	00:01:23	01:10:27	180m	7'41"/km
27.	216	00:02:26	01:12:53	280m	8'41"/km
28.	208	00:01:47	01:14:40	220m	8'06"/km
29.	217	00:01:16	01:15:56	90m	14'04"/km
30.	218	00:02:16	01:18:12	200m	11'20"/km
31.	212	00:01:09	01:19:21	60m	19'10"/km
32.	250	00:01:10	01:20:31	170m	6'52"/km
33.	999	00:00:14	01:20:45	60m	3'53"/km