



**VIII Copa Sul - Longo**  
**Distrito de CRIÚVA 2.3.2024**  
**Clube de Orientação de Santa Cruz**

**Laura Cheslak Rogge**

Clube de Orientação Gralha Azul

Percurso : D14A

Distancia : 3100m (Desnivel 90m)

Tempo : 1:30:11 (29'05"/km)

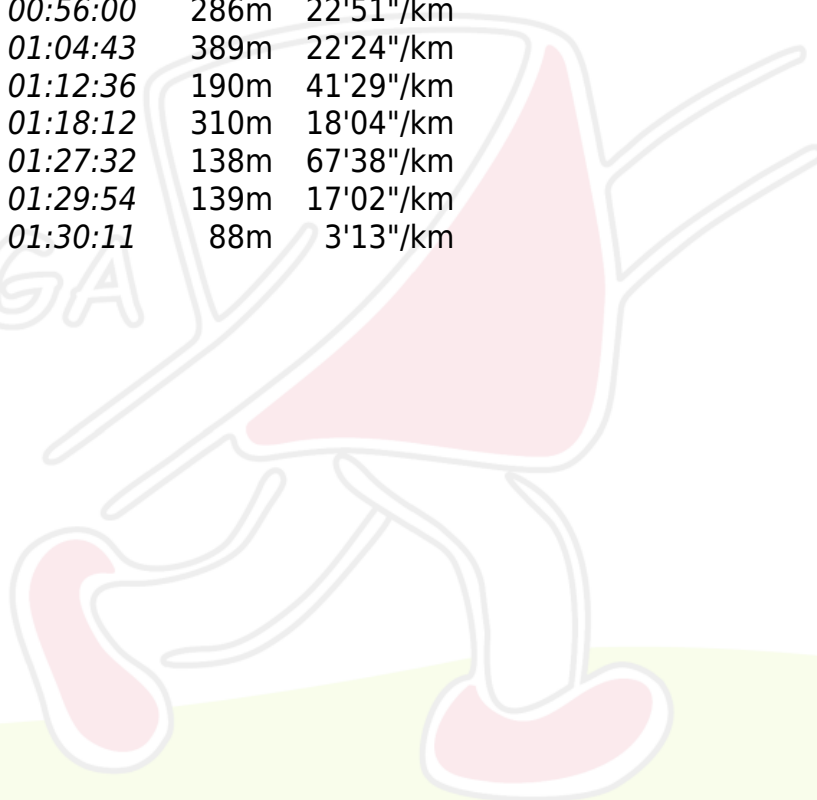
**1/1**

O.K.

[Resultados completos em Webres](#)

|     |     |          |          |      |           |
|-----|-----|----------|----------|------|-----------|
| 1.  | 71  | 00:06:00 |          | 163m | 36'49"/km |
| 2.  | 72  | 00:04:16 | 00:10:16 | 372m | 11'28"/km |
| 3.  | 83  | 00:05:11 | 00:15:27 | 194m | 26'43"/km |
| 4.  | 32  | 00:08:38 | 00:24:05 | 302m | 28'35"/km |
| 5.  | 67  | 00:16:14 | 00:40:19 | 179m | 90'41"/km |
| 6.  | 61  | 00:05:09 | 00:45:28 | 192m | 26'49"/km |
| 7.  | 58  | 00:04:00 | 00:49:28 | 176m | 22'44"/km |
| 8.  | 59  | 00:06:32 | 00:56:00 | 286m | 22'51"/km |
| 9.  | 45  | 00:08:43 | 01:04:43 | 389m | 22'24"/km |
| 10. | 88  | 00:07:53 | 01:12:36 | 190m | 41'29"/km |
| 11. | 70  | 00:05:36 | 01:18:12 | 310m | 18'04"/km |
| 12. | 81  | 00:09:20 | 01:27:32 | 138m | 67'38"/km |
| 13. | 95  | 00:02:22 | 01:29:54 | 139m | 17'02"/km |
| 14. | 999 | 00:00:17 | 01:30:11 | 88m  | 3'13"/km  |

HELGA



Orienteering Software