

Tomas HENDRICKX

hamok

Course : H:01

Distance : 5050m

Time : 0:38:26 (7'37"/km)

4/37

O.K.

[Full result on Webres](#)

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|--------------------------|---------|
| 1. Øystein Kvaal ØSTERBØ | 0:31:06 |
| 2. Yannick MICHIELS | 0:31:38 |
| 3. Lennert LENS | 0:38:15 |

1.	31	00:00:36		152m	3'57"/km
2.	32	00:01:02	00:01:38	213m	4'51"/km
3.	33	00:00:55	00:02:33	204m	4'30"/km
4.	34	00:01:33	00:04:06	330m	4'42"/km
5.	60	00:00:59	00:05:05	87m	11'18"/km
6.	36	00:00:54	00:05:59	151m	5'58"/km
7.	37	00:01:39	00:07:38	336m	4'55"/km
8.	38	00:01:07	00:08:45	258m	4'20"/km
9.	39	00:01:45	00:10:30	340m	5'09"/km
10.	40	00:03:05	00:13:35	350m	8'49"/km
11.	69	00:00:27	00:14:02	44m	10'14"/km
12.	55	00:00:56	00:14:58	106m	8'48"/km
13.	56	00:02:36	00:17:34	139m	18'42"/km
14.	41	00:03:24	00:20:58	489m	6'57"/km
15.	68	00:00:38	00:21:36	104m	6'05"/km
16.	42	00:01:27	00:23:03	187m	7'45"/km
17.	43	00:01:02	00:24:05	58m	17'49"/km
18.	44	00:01:41	00:25:46	84m	20'02"/km
19.	45	00:00:00	00:25:46	19m	0'00"/km
20.	46	00:01:36	00:27:22	232m	6'54"/km
21.	47	00:01:12	00:28:34	99m	12'07"/km
22.	57	00:01:04	00:29:38	105m	10'10"/km
23.	48	00:01:58	00:31:36	209m	9'25"/km
24.	49	00:01:24	00:33:00	163m	8'35"/km
25.	50	00:01:31	00:34:31	167m	9'05"/km
26.	51	00:01:05	00:35:36	170m	6'22"/km
27.	52	00:00:39	00:36:15	75m	8'40"/km
28.	53	00:00:38	00:36:53	82m	7'43"/km
29.	54	00:00:47	00:37:40	31m	25'16"/km
30.	999	00:00:46	00:38:26	67m	11'27"/km