

Jackie VANDIJCK

K.O.L.

Course : H:01

Distance : 5050m

Time : 0:49:30 (9'48"/km)

13/37

O.K.

[Full result on Webres](#)

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|--------------------------|---------|
| 1. Øystein Kvaal ØSTERBØ | 0:31:06 |
| 2. Yannick MICHIELS | 0:31:38 |
| 3. Lennert LENS | 0:38:15 |

1.	31	00:01:13		152m	8'00"/km
2.	32	00:01:48	00:03:01	213m	8'27"/km
3.	33	00:01:27	00:04:28	204m	7'06"/km
4.	34	00:02:37	00:07:05	330m	7'56"/km
5.	60	00:01:18	00:08:23	87m	14'57"/km
6.	36	00:01:20	00:09:43	151m	8'50"/km
7.	37	00:02:40	00:12:23	336m	7'56"/km
8.	38	00:01:36	00:13:59	258m	6'12"/km
9.	39	00:03:52	00:17:51	340m	11'22"/km
10.	40	00:04:53	00:22:44	350m	13'57"/km
11.	69	00:00:48	00:23:32	44m	18'11"/km
12.	55	00:01:03	00:24:35	106m	9'54"/km
13.	56	00:03:56	00:28:31	139m	28'18"/km
14.	41	00:03:55	00:32:26	489m	8'01"/km
15.	68	00:00:46	00:33:12	104m	7'22"/km
16.	42	00:02:02	00:35:14	187m	10'52"/km
17.	43	00:01:10	00:36:24	58m	20'07"/km
18.	44	00:01:24	00:37:48	84m	16'40"/km
19.	45	00:00:00	00:37:48	19m	0'00"/km
20.	46	00:01:38	00:39:26	232m	7'02"/km
21.	47	00:00:51	00:40:17	99m	8'35"/km
22.	57	00:00:48	00:41:05	105m	7'37"/km
23.	48	00:01:42	00:42:47	209m	8'08"/km
24.	49	00:01:17	00:44:04	163m	7'52"/km
25.	50	00:01:09	00:45:13	167m	6'53"/km
26.	51	00:01:05	00:46:18	170m	6'22"/km
27.	52	00:00:41	00:46:59	75m	9'07"/km
28.	53	00:00:41	00:47:40	82m	8'20"/km
29.	54	00:01:19	00:48:59	31m	42'28"/km
30.	999	00:00:31	00:49:30	67m	7'43"/km