HERMATHENAE
SPA - BELGIQUE ORIENTATION

# Régionale 9 circuits
# SPA-Sources 27.6.2021
# Hermathenae

**Nicolas LUDOVICY**
C.O. Liège
Circuit : H:Noir très long
Distance : 10170m (Dénivelé 300m)
Temps : 1:30:04 (8'51"/km)

**8/10** O.K.

Résultats complets sur Webres

1. François VAN DER OUDERAA 1:11:44
2. Simon ARNO 1:13:27
3. Maxime LAVAL 1:21:52

| | | | | | |
|---|---|---|---|---|---|
| 1. | 100 | 00:04:59 | | 476m | 10'28"/km |
| 2. | 101 | 00:03:15 | *00:08:14* | 403m | 8'04"/km |
| 3. | 102 | 00:01:27 | *00:09:41* | 158m | 9'11"/km |
| 4. | 103 | 00:01:18 | *00:10:59* | 165m | 7'53"/km |
| 5. | 104 | 00:01:15 | *00:12:14* | 144m | 8'41"/km |
| 6. | 105 | 00:04:12 | *00:16:26* | 446m | 9'25"/km |
| 7. | 106 | 00:08:10 | *00:24:36* | 777m | 10'31"/km |
| 8. | 107 | 00:02:23 | *00:26:59* | 262m | 9'06"/km |
| 9. | 108 | 00:01:50 | *00:28:49* | 200m | 9'10"/km |
| 10. | 109 | 00:04:03 | *00:32:52* | 470m | 8'37"/km |
| 11. | 110 | 00:01:36 | *00:34:28* | 205m | 7'48"/km |
| 12. | 111 | 00:01:45 | *00:36:13* | 220m | 7'57"/km |
| 13. | 112 | 00:02:01 | *00:38:14* | 223m | 9'03"/km |
| 14. | 114 | 00:02:42 | *00:40:56* | 370m | 7'18"/km |
| 15. | 115 | 00:03:17 | *00:44:13* | 355m | 9'15"/km |
| 16. | 116 | 00:01:57 | *00:46:10* | 305m | 6'24"/km |
| 17. | 117 | 00:01:36 | *00:47:46* | 191m | 8'23"/km |
| 18. | 118 | 00:03:59 | *00:51:45* | 422m | 9'26"/km |
| 19. | 119 | 00:01:50 | *00:53:35* | 223m | 8'13"/km |
| 20. | 120 | 00:02:23 | *00:55:58* | 337m | 7'04"/km |
| 21. | 121 | 00:02:47 | *00:58:45* | 346m | 8'03"/km |
| 22. | 122 | 00:03:24 | *01:02:09* | 447m | 7'36"/km |
| 23. | 123 | 00:04:11 | *01:06:20* | 511m | 8'11"/km |
| 24. | 124 | 00:03:39 | *01:09:59* | 348m | 10'29"/km |
| 25. | 125 | 00:07:00 | *01:16:59* | 572m | 12'14"/km |
| 26. | 126 | 00:02:39 | *01:19:38* | 346m | 7'40"/km |
| 27. | 127 | 00:02:20 | *01:21:58* | 289m | 8'04"/km |
| 28. | 128 | 00:01:08 | *01:23:06* | 141m | 8'02"/km |
| 29. | 129 | 00:02:55 | *01:26:01* | 368m | 7'56"/km |
| 30. | 130 | 00:03:18 | *01:29:19* | 279m | 11'50"/km |
| 31. | 999 | 00:00:45 | *01:30:04* | 115m | 6'31"/km |

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