

Championnat de Belgique de Moyenne Distance

SPA NORD 26.6.2021

Hermathenae

Frédéric DHONDT

C.O. Liège

Circuit : H45

Distance : 5140m (Dénivelé 125m)

Temps : 1:00:56 (11'51"/km)

7/17

O.K.

[Résultats complets sur Webres](#)

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|--------------------|---------|
| 1. Nicolas SILLIEN | 0:46:31 |
| 2. Quentin GILLET | 0:51:53 |
| 3. Bernard VLIEN | 0:57:26 |

1.	130	00:03:34		382m	9'20"/km
2.	76	00:09:00	00:12:34	268m	33'35"/km
3.	152	00:03:09	00:15:43	207m	15'13"/km
4.	137	00:02:18	00:18:01	101m	22'46"/km
5.	139	00:01:33	00:19:34	186m	8'20"/km
6.	81	00:01:42	00:21:16	179m	9'30"/km
7.	163	00:01:48	00:23:04	244m	7'23"/km
8.	143	00:04:22	00:27:26	499m	8'45"/km
9.	84	00:02:40	00:30:06	163m	16'22"/km
10.	109	00:03:33	00:33:39	321m	11'04"/km
11.	110	00:03:55	00:37:34	295m	13'17"/km
12.	158	00:02:07	00:39:41	235m	9'00"/km
13.	159	00:01:48	00:41:29	177m	10'10"/km
14.	78	00:03:07	00:44:36	412m	7'34"/km
15.	111	00:02:26	00:47:02	283m	8'36"/km
16.	120	00:02:23	00:49:25	269m	8'52"/km
17.	98	00:01:32	00:50:57		
18.	133	00:03:30	00:54:27	227m	15'25"/km
19.	134	00:03:15	00:57:42	240m	13'33"/km
20.	135	00:02:09	00:59:51	142m	15'08"/km
21.	165	00:00:48	01:00:39	101m	7'55"/km
22.	999	00:00:17	01:00:56	62m	4'34"/km

Orienteering Software