

Regionale Rivierenhof

Rivierenhof 8.8.2021

Antwerp Orienteers

Jan VAN DER ELST

Omega

Course : H:1

Distance : 6580m

Time : 0:58:43 (8'55"/km)

21/31

O.K.

[Full result on Webres](#)

1. Yannick MICHIELS	0:38:57,484
2. Remco HEREIJGERS	0:41:39,371
3. Tomas HENDRICKX	0:42:39,539

1.	31	00:02:19		293m	7'54"/km
2.	33	00:00:39	00:02:58	60m	10'50"/km
3.	32	00:02:45	00:05:43	171m	16'05"/km
4.	34	00:04:25	00:10:08	469m	9'25"/km
5.	70	00:01:15	00:11:23	134m	9'20"/km
6.	38	00:00:34	00:11:57	69m	8'13"/km
7.	37	00:01:36	00:13:33	191m	8'23"/km
8.	39	00:00:39	00:14:12	111m	5'51"/km
9.	40	00:01:05	00:15:17	109m	9'56"/km
10.	41	00:01:39	00:16:56	131m	12'36"/km
11.	36	00:01:10	00:18:06	180m	6'29"/km
12.	42	00:01:43	00:19:49	312m	5'30"/km
13.	43	00:03:57	00:23:46	323m	12'14"/km
14.	44	00:00:54	00:24:40	127m	7'05"/km
15.	45	00:03:18	00:27:58	249m	13'15"/km
16.	46	00:02:36	00:30:34	253m	10'17"/km
17.	47	00:00:36	00:31:10	55m	10'55"/km
18.	48	00:00:45	00:31:55	52m	14'25"/km
19.	49	00:02:59	00:34:54	415m	7'11"/km
20.	50	00:00:44	00:35:38	108m	6'47"/km
21.	52	00:01:32	00:37:10	204m	7'31"/km
22.	51	00:00:32	00:37:42	58m	9'12"/km
23.	80	00:00:57	00:38:39	113m	8'24"/km
24.	56	00:00:26	00:39:05	49m	8'51"/km
25.	52	00:00:46	00:39:51	80m	9'35"/km
26.	55	00:01:26	00:41:17	130m	11'02"/km
27.	68	00:02:15	00:43:32	281m	8'00"/km
28.	71	00:01:42	00:45:14	188m	9'03"/km
29.	54	00:01:30	00:46:44	104m	14'25"/km
30.	53	00:00:48	00:47:32	65m	12'18"/km
31.	59	00:00:21	00:47:53	42m	8'20"/km
32.	58	00:01:00	00:48:53	144m	6'57"/km
33.	57	00:00:53	00:49:46	117m	7'33"/km
34.	52	00:00:30	00:50:16	72m	6'57"/km
35.	60	00:01:33	00:51:49	204m	7'36"/km
36.	61	00:01:31	00:53:20	222m	6'50"/km

37.	62	00:02:36	00:55:56	348m	7'28"/km
38.	63	00:00:50	00:56:46	96m	8'41"/km
39.	64	00:00:55	00:57:41	119m	7'42"/km
40.	65	00:00:39	00:58:20	82m	7'56"/km
41.	999	00:00:23	00:58:43	67m	5'43"/km

