



**CRISTALINA-GO**

## 2º Percurso Treino do COSEC - 2021 Balneário das Lajes 15.8.2021 Clube de Orientação Serra dos Cristais

**José Carlos Lemos Barbosa**  
Clube de Orientação Serra dos Cristais  
Percurso : H Adulto A  
Distancia : 4900m (Desnivel 95m)  
Tempo : 1:51:37 (22'47"/km)

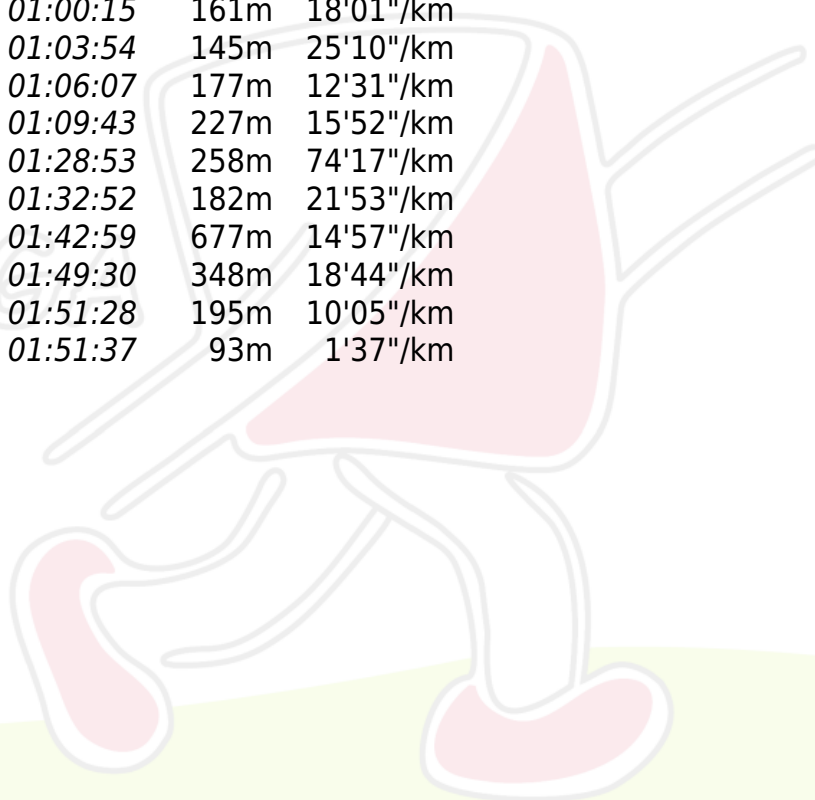
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O.K.

[Resultados completos em Webres](#)

1. Antonio Dmeterko 1:36:27
2. Luiz Fernando Lazarini 1:44:17
3. Luciano Puchalski 1:49:40

1.	31	00:07:11		304m	23'38"/km
2.	56	00:03:02	00:10:13	205m	14'48"/km
3.	34	00:08:00	00:18:13	412m	19'25"/km
4.	32	00:03:19	00:21:32	158m	20'59"/km
5.	50	00:05:26	00:26:58	326m	16'40"/km
6.	48	00:11:20	00:38:18	549m	20'39"/km
7.	57	00:19:03	00:57:21	405m	47'02"/km
8.	40	00:02:54	01:00:15	161m	18'01"/km
9.	54	00:03:39	01:03:54	145m	25'10"/km
10.	57	00:02:13	01:06:07	177m	12'31"/km
11.	47	00:03:36	01:09:43	227m	15'52"/km
12.	55	00:19:10	01:28:53	258m	74'17"/km
13.	57	00:03:59	01:32:52	182m	21'53"/km
14.	50	00:10:07	01:42:59	677m	14'57"/km
15.	43	00:06:31	01:49:30	348m	18'44"/km
16.	41	00:01:58	01:51:28	195m	10'05"/km
17.	999	00:00:09	01:51:37	93m	1'37"/km



Orienteering Software