

1º Percurso Médio - Seletiva CDE
Pedra Do Gavião 24.8.2021
Indiv.

Lucas Maidano Roveda

Comissão de Desportos do Exército

Percurso : H21E

Distancia : 4990m (Desnivel 170m)

Tempo : 0:55:10 (11'03"/km)

9/12

O.K.

[Resultados completos em Webres](#)

1. Ironir Alberto Ev	0:37:22
2. Ariel Quim de Almeida	0:42:42
3. Flademir Rudinei Groos	0:43:30

1.	31	00:03:30		252m	13'53"/km
2.	32	00:01:15	00:04:45	126m	9'55"/km
3.	33	00:01:38	00:06:23	296m	5'31"/km
4.	35	00:01:50	00:08:13	242m	7'35"/km
5.	34	00:03:29	00:11:42	188m	18'32"/km
6.	36	00:05:25	00:17:07	395m	13'43"/km
7.	37	00:02:32	00:19:39	285m	8'53"/km
8.	38	00:02:31	00:22:10	328m	7'40"/km
9.	39	00:02:33	00:24:43	328m	7'46"/km
10.	40	00:04:06	00:28:49	115m	35'39"/km
11.	42	00:03:57	00:32:46	433m	9'07"/km
12.	43	00:02:57	00:35:43	259m	11'23"/km
13.	44	00:05:03	00:40:46	375m	13'28"/km
14.	45	00:06:05	00:46:51	599m	10'09"/km
15.	46	00:07:45	00:54:36	651m	11'54"/km
16.	999	00:00:34	00:55:10	114m	4'58"/km