1º Percurso Longo - Seletiva CDE
Pedra do Gavião 25.8.2021
Indiv.

Lorena Pereira Da Silva
Comissão de Desportos do Exército
Percurso : D21E
Distancia : 7060m
Tempo : 1:18:37 (11'08"/km)

6/10 O.K.

Resultados completos em Webres

1. Edinéia Roniak 0:52:00
2. Priscila Vieira Gonçalves 0:52:48
3. Juliane Heinrichs 0:55:47

1.	45	00:04:13		435m	9'42"/km
2.	36	00:04:34	*00:08:47*	462m	9'53"/km
3.	48	00:03:59	*00:12:46*	350m	11'23"/km
4.	37	00:04:01	*00:16:47*	463m	8'41"/km
5.	44	00:05:21	*00:22:08*	591m	9'03"/km
6.	43	00:03:21	*00:25:29*	292m	11'28"/km
7.	42	00:02:30	*00:27:59*	156m	16'02"/km
8.	41	00:03:04	*00:31:03*	255m	12'02"/km
9.	40	00:03:57	*00:35:00*	429m	9'12"/km
10.	39	00:01:45	*00:36:45*	158m	11'05"/km
11.	47	00:03:10	*00:39:55*	279m	11'21"/km
12.	38	00:03:48	*00:43:43*	278m	13'40"/km
13.	49	00:12:36	*00:56:19*	998m	12'38"/km
14.	32	00:03:22	*00:59:41*	222m	15'10"/km
15.	33	00:03:05	*01:02:46*	224m	13'46"/km
16.	49	00:03:37	*01:06:23*	234m	15'27"/km
17.	35	00:02:04	*01:08:27*	241m	8'35"/km
18.	33	00:02:38	*01:11:05*	246m	10'42"/km
19.	49	00:03:31	*01:14:36*	234m	15'02"/km
20.	31	00:03:38	*01:18:14*	459m	7'55"/km
21.	999	00:00:23	*01:18:37*	50m	7'40"/km

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