Championnat de Belgique Interclub
Vivy - Rochehaut 29.8.2021
ASUB

Guy CHATELAIN
Hermathenae
Circuit : H70
Distance : 3000m (Dénivelé 125m)
Temps : 1:35:13 (31'44"/km)

10/10 O.K.

Résultats complets sur Webres

1. Freddy SILLIEN 0:31:09
2. Christian KRINGS 0:37:54
3. Frans WENS 0:46:35

1.	193	00:06:58		274m	25'26"/km
2.	244	00:08:46	*00:15:44*	103m	85'07"/km
3.	251	00:03:39	*00:19:23*	140m	26'04"/km
4.	211	00:20:23	*00:39:46*	733m	27'48"/km
5.	216	00:09:31	*00:49:17*	178m	53'28"/km
6.	217	00:20:55	*01:10:12*	649m	32'14"/km
7.	254	00:04:31	*01:14:43*	111m	40'41"/km
8.	188	00:03:05	*01:17:48*	102m	30'14"/km
9.	232	00:04:24	*01:22:12*	154m	28'34"/km
10.	230	00:06:11	*01:28:23*	191m	32'22"/km
11.	189	00:02:37	*01:31:00*	113m	23'09"/km
12.	195	00:03:39	*01:34:39*	191m	19'07"/km
13.	999	00:00:34	*01:35:13*	88m	6'26"/km

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