Championnat de Belgique Interclub
Vivy - Rochehaut 29.8.2021
ASUB

Christian SMOLDERS
ASUB
Circuit : LE
Distance : 5500m (Dénivelé 165m)
Temps : 2:10:38 (23'45"/km)

3/3 O.K.

Résultats complets sur Webres

1. Lise MILBOU 1:42:59
2. Maryline DEMEUSE 1:58:03

1.	248	00:04:45		220m	21'35"/km
2.	185	00:05:58	*00:10:43*	333m	17'55"/km
3.	182	00:09:43	*00:20:26*	757m	12'50"/km
4.	255	00:02:08	*00:22:34*	130m	16'25"/km
5.	183	00:09:35	*00:32:09*	547m	17'31"/km
6.	193	00:16:06	*00:48:15*	871m	18'29"/km
7.	204	00:12:40	*01:00:55*	281m	45'05"/km
8.	205	00:07:41	*01:08:36*	140m	54'53"/km
9.	190	00:06:46	*01:15:22*	422m	16'02"/km
10.	184	00:05:49	*01:21:11*	253m	22'59"/km
11.	228	00:20:16	*01:41:27*	630m	32'10"/km
12.	217	00:09:16	*01:50:43*	512m	18'06"/km
13.	206	00:16:00	*02:06:43*	185m	86'29"/km
14.	195	00:03:18	*02:10:01*	166m	19'53"/km
15.	999	00:00:37	*02:10:38*	88m	7'00"/km

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